



Lucy's Rules

Here are some rules Lucy uses to make her visit more enjoyable.



Take breaks and relax

Find quiet, comfortable spaces that you can think in.



Find objects that give you joy



Surprise yourself

Look for familiar objects and find something new next to them.



Take time to be creative

Make drawings.



Write out the labels

Copy the labels and share them with friends and family.

Ask questions.



Open the drawers

Pick beautiful objects to look at.

Use the torch on a phone to see in the drawers.



Share your stories in the museum

Find objects that help to explain your life to other people.